

# Bridgend Athletic RFC



CLWB WEDI'I ACHREDU  
ACCREDITED CLUB

**PLATINWM  
PLATINUM**



## Official Club Programme 2026-27 Season



## WRU Championship East League Fixture

**St Josephs RFC – KO 2:30PM – Brynteg  
Upper School**

**CLUBHOUSE: 12 EWENNY ROAD, BRIDGEND CF31 3HP**

**[www.bridgendathletic.rfc.wales](http://www.bridgendathletic.rfc.wales)**

# **BRIDGEND ATHLETIC RFC LTD**

## **Head quarters**

12 Ewenny Road, Bridgend, CF31 3HP Tel: 01656 652263 Bookings: 07875 437 711

## **Directors**

Rhys Jones, Lewis Down, Stuart Morris, David Perry & Gareth Davies

## **Patrons**

John Apsee (Snr), David Burt, Gareth L Edwards, Simon Apsee & Gareth Davies

## **President**

Wayne Griffiths - M.D. Nathaniel Car Sales

## **Platinum Partners**

Tela Technology – Lynn Morgan | Nathaniel Car Sales – Wayne Griffiths | Gareth L Edwards Estate Agents – Gareth L Edwards | Church Village Travel & Energy Assessors – David Perry | U-test Diagnostics - Harry Griffiths | J.H.Apsee & Sons – Simon & Rhodri Apsee

## **Gold Vice Presidents**

Spring Design - Chris Williams | J.H.Apsee & Sons – Simon & Rhodri Apsee | IPP - Jack Daly | Rhys Jones | Travis Perkins – Chris Price | MHM Plant – Josh Llewellyn | Park Street Dental - Philip Welch | Robert Woolcock | Andrew Gregory | Aled Pilliner | Ashley Adams

## **Silver Vice Presidents**

David Thomas | Hopkin Joseph | Adrian Burt | Paul Hearne | Liam Griffiths | Mark Griffiths | Lynn Jones | James Perry | Lloyd Pemberton | Gavin Hall | Paul Rees | John Owen | Hannah Owen | John M Jones | Jonathan James

## **Life Members**

Mike Rennie, Phil Rees, Barrie Thomas, Huw Hathaway, David Burt JP, Adrian Burt, David Perry, David Davison, David Williams, Tony Griffiths, Gareth Davies, Stuart Morris, Paul Hearne, John Apsee

## **Officers**

Chairman: Paul Hearne | Treasurer, Sponsorship & Member Secretary: Rhys Jones |

Secretary: James D Perry

Event Managers: David Davison & David Perry

Committee Gareth Davies, Adrian Burt, Paul Hearne, David Tidy, Rhys Jones, Yvonne Blackburn, Phil Rees, Neil Thomas, James Perry, Russell Lewis

Press Officer: Adrian Burt, Web Manager: Rhys Jones, Social Media Secretary TBC

Club Photographer: Paul Harwood

## **1st XV Coaching & Management:**

Head Coach: Stuart Morris, Coaches: Nathan Holman & Johnny Phillips | Team Secretary: Paul Hearne Mob: 07970348065

**Captain:** Lee Murphy

## **Generals Management Team**

Team Manager: Liam Griffiths - Mob: 07817 889 950, Rhys Jones, Nick Jones, Keir Ennis, Tom Morgan & Aled Thomas

**Captain:** Cameron Hicks

## **Youth Management Team**

Team Manager: Dean Brown, Youth Secretary: Laura Hemming Coaches: Mike Punter, Rob Wilson & Kyle Hemming

**Captain:** Rhys Punter



# MATCH DAY PROTOCOLS



## SAFE & POSITIVE ENVIRONMENTS

- **The Whole Club Joined up Responsibility and Accountability** (Good Governance)
- **Qualified and DBS Vetted Coaching Staff** - Coaching Youth and Age Grade sides
- **Qualified Senior Coaching Staff and Team Management**
- **Qualified First Aiders or Medical Staff**
- **Knowledge and Understanding of Codes of Conduct** - Players, Coaches and Club Officials
- **Coaches Code of Practice**
- **Values and Behaviours of the Game Live and Breathe them** (Protect the Reputation and Integrity of YOUR club)



## GOOD COACHING KEY PRINCIPLES

- **Rights**  
Respect and champion the rights of every individual to participate in Welsh rugby.
- **Relationships**  
Develop relationships with players and others based on transparency, honesty, mutual trust and respect.
- **Personal Standards**  
You are in a position of considerable influence and power, set and demonstrate high moral and ethical standards throughout your coaching practice, on a personal level.
- **Professional Standards**  
You should have a growth mindset to develop your skills and abilities as a coach. Your key roles are to develop players, improve performance and demonstrate appropriate behaviour and conduct at all times, as a positive role model.

## MATCH DAY GOOD PRACTICE

- **Spectators**  
They are YOUR responsibility
- **Referee Liaison Officer**
- **Respect for Match Officials**
- **Match Day Marshalls** (Home and Away)
- **Touchline Behaviour Technical Zone**
- **Managing Replacements and Warm Ups**
- **After Match**



## THE RIGHT ENVIRONMENT

- **Coaches and Management Expected Standards of Behaviour**
- **Role Models Responsibility and Accountability**
- **Coaches Code of Practice**
- **Coaches Codes of Conduct**
- **WRU Safeguarding Policy and Procedures**
- **WRU Discipline and Misconduct Regulations**

## KEY MESSAGES

- **Promote Good Coaching Practice**
- **Respect Match Officials**
- **Know your Responsibilities as a Club Official, Coach or Player**
- **Spectator behaviour reflects upon YOUR Club, Good or Bad**
- **Training and Match Day**  
- Create the **Right Environment**
- **Don't be a BYSTANDER, be a LEADER!**



### WRU INTEGRITY LINE

TELEPHONE: 02920 822 200  
EMAIL: INTEGRITY@WRUWALES



# PROTOCOLAU DIWRNOD Y GÊM



## AMGYLCHEDDAU DIOGEL A PHOSITIF

- **Cyfrifoldeb ac Atebolwydd Cydlynus y Clwb Cyfan** (Llywodraethu Da)
- **Staff Hyfforddi Cymyrsedig gyda Gwriad DBS** - Hyfforddi carfannau leuonid a Gwriad Oedran
- **Uwch Staff Hyfforddi a Rheolwyr Tim Cymyrsedig**
- **Cynorthwyrwyr a Staff Meddygol Cymyrsedig**
- **Gwybodaeth a Dealltwriaeth o Godelau Ymarfer** - Chwaraewyr, Hyfforddwyr a Swyddogion y Clwb
- **Cod Ymarfer yr Hyfforddwyr**
- **Gwerthedd ac Ymddygiadau'r Gêm Fyw a'u Hanadlu** (Amddiffyn Enw Da ac Unwladdeb eich clwb CHI)



## HYFFORDDI DA EGWYDDORION ALLWEDDOL

- **Hawliau**  
Parhau a hyrwyddo hawliau pob unigolyn i gymryd rhan mewn rygbi Cymru.
- **Cyfeilltiedau**  
Datblygu cyfeilltiedau â chwaraewyr ac swallt ar sail tryloywder, gonestrwydd, parch at eich gilydd ac ymddiriedaeth yn eich gilydd.
- **Safonau Personol**  
Rydych chi mewn safle o ddylanwad a grym sylweddol, dylech cael ac arddangos safonau morsegol a morol uchel drwy gydal eich arfer hyfforddi, ac felai personol.
- **Safonau Proffesiynol**  
Dylech fedd a meddylydd twf i ddatblygu'r sgiliau a'ch gathoeidd fel hyfforddwyr. Eich rôl allweddol yw datblygu chwaraewyr, gwella perfformiad ac arddangos ymddygiad priodol trwy'r amser, fel esiampl ôd hysur.

## ARFER DA AR DDIWRNOD GÊM

- **Gwylwyr**  
Eich cyfrifoldeb CHI ydyn nhw
- **Swyddog Cyswilt Dyfarnwyr**
- **Parchu Swyddogion y Gêm**
- **Marsialiaid Diwrnod y Gêm** (Gartref ac I Ffwrdd)
- **Ardal Dechnegol Ymddygiad y Llinell Ystlys**
- **Rheoli Eilyddion ac Ymarferion Cynhesu**
- **Ar Ôl y Gêm**



## YR AMGYLCHEDD IAWN

- **Safonau Ymddygiad Disgwyliedig gan Hyfforddwyr a Rheolwyr**
- **Esiamplau Da, Cyfrifoldeb ac Atebolwydd**
- **Cod Ymarfer Hyfforddwyr**
- **Cod Ymddygiad Hyfforddwyr**
- **Polisi a Gweithdrefnau Diogelu URC**
- **Rheoliadau Disgyblu a Chamymddwyn URC**

## NEGSEUON ALLWEDDOL

- **Hyrwyddo Arfer Hyfforddi Da**
- **Parchu Swyddogion y Gêm**
- **Gwybod eich Cyfrifoldebau fel Swyddog y Clwb, Hyfforddwyr neu Chwaraewr**
- **Mae ymddygiad gwylwyr yn adlewyrchu ar eich Clwb CHI, yn Dda neu'n Ddrwg**
- **Diwrnod Hyfforddi a Gêm - Creu'r Amgylchedd Iawn**
- **Peidiwch â sefyll nôl, byddwch yn ARWEINYDD!**



### LLINELL UNIONDEB URC

FFÔN: 02920 822 200  
E-BOST: INTEGRITY@WRUWALES

# CHAIRPERSON'S ADDRESS

We would like to welcome the players, officials, and supporters of our visitors for today's Championship East fixture. It will be great if you can join us following the game at our nearby club house at 12 Ewenny Road (CF31 3HP) to celebrate local rugby.

BARFC were founded in March 1972 by Bridgend Youth players – current committee person Phillip Rees and a previous Secretary, the late Brian Lewis – who wanted to keep a team of bonded youth players together. Along with the Ath's first Chairman Jeff Jenkins and Fixture Secretary Clive Easterbrook, they put a squad together and played their inaugural game against Nantyfyllon in the September. In 1975-76 season a youth team was formed, and this will be their 50th season. A celebration dinner is planned during the season.

The legendary Dr Jack Matthews officially opened the clubhouse in September 1982. This was a nostalgic event for Dr Matthews as the building was his family home during the time he was a record-breaking athlete at Bridgend Grammar school. This before he joined Cardiff to become one of the most famous of Welsh Internationals and British Lions of all time.

In 1983/84 the club was admitted to full membership of the Welsh Rugby Union.

A mini/junior section was started in 1991 and has developed over the years into a thriving and successful section of the club. Long Standing M&J Chairman Dean Brown has stepped down – but will remain Youth Team Manager – and is succeeded by Matthew Tellem. These days over 250 youngsters regularly play on a Sunday morning, proudly wearing the green and gold of the Athletic. The standard of mini/junior rugby at the Athletic is recognised throughout Wales and the British Isles and is reflected in the number of tournaments invited to and subsequently won. Last season all ages U13-U16 won their District Cup Finals.

This season our 1st XV will again compete in the Championship East and be captained by hooker Lee Murphy. Let's hope like his predecessor Jonathan Phillips, Lee can lead the club to a 3rd successive Cup Final at the Principality Stadium. Jonathan Phillips remains as player coach alongside head coach Stuart Morris and forwards coach Nathan Holman

Our 2nd XV will again compete in the National league Div 6 East Central. Liam Griffiths will remain Team Manager. Following reaching the last 16 in the Div 5 Cup last season the team will hopefully be challenging for promotion to Div 5 this season.

Club Chairman Paul Hearne is remaining as Team Manager /senior fixture secretary / rugby secretary. The club are proud that in the first season of a new WRU funding model BARFC were awarded the highest rating Platinum for their on and off field performance – well done to all sections of the club for this great joint effort. We are also pleased to retain the WRU License for a thriving Ogwr Hawks female hub.

Following an Asset Transfer work was completed last May on a regrade of our A48 pitch and hope it will be ready to play on by March 2027. Plans for 2nd phase hard standing, pitch barriers, new containers and portable training floodlights are under way.

We would like to thank all Club Sponsors, Match Day Sponsors & Player Sponsors for their continued and loyal support and welcome any new sponsors to support the upkeep necessary to make the club successful on and off the field.

Paul Hearne

BARFC Chairperson



## **BRIDGEND ATHLETIC RFC LTD**

### **DEVELOPING OUR CLUBHOUSE INTO A COMMUNITY HUB**

The club is seeking National Lottery funding to refurbish and modernise our existing clubhouse and transform it into a welcoming, accessible and sustainable community hub.

### **OUR VISION IS QUITE SIMPLE**

We want to take a facility that already exists within the community and make it work harder for the whole community.



**WELCOMING**



**ACCESSIBLE**



**SUSTAINABLE**



Please take part in our community consultation by clicking the link or scanning the QR code

[Community Consultation Questionnaire – Fill in form](#)

# GARETH L. EDWARDS

ESTATE AGENT VALUER ESTABLISHED 1988

**4-6 Dunraven Place, Bridgend CF31 1JD**

**Sales:** (01656) 653274 • **Rentals:** (01656) 655061 • **Fax:** (01656) 766568



***FREE No Obligation Valuations!***  
***FREE Independent Mortgage Advice!***

**Email:** [bridgend@garethledwards.com](mailto:bridgend@garethledwards.com)

**Web:** [www.garethledwards.com](http://www.garethledwards.com)

**WE WISH**  
**BRIDGEND ATHLETIC RFC**  
**A SUCCESSFUL 2026 / 2027**  
**PLAYING SEASON**

# Saturday 17th October 2026



**Bridgend Athletic RFC**  
– Colours Green & Gold



**St Josephs RFC**  
– Colours Red & Black

## Home Team Match Day Squad

| Backs                                                         |                    | Forwards |                 |
|---------------------------------------------------------------|--------------------|----------|-----------------|
| 15                                                            | Rhys Williams      | 8        | Hakeem Mumine   |
| 14                                                            | Geraint Roberts    | 7        | Will Price      |
| 13                                                            | Stuart Floyd Ellis | 6        | Charlie Ashpole |
| 12                                                            | Gabriel Brown      | 5        | Andrew Waite    |
| 11                                                            | McKenzie Gray      | 4        | Mike Gillette   |
| 10                                                            | Charlie Hancock    | 3        | Callum Gregory  |
| 9                                                             | Evan Dadamo        | 2        | Lee Murphy (C)  |
|                                                               |                    | 1        | Brandyn Fooks   |
| Substitutes                                                   |                    |          |                 |
| 16                                                            | Rhod Apsee         | 20       | Jonny Phillips  |
| 17                                                            | Keegan Thomas      | 21       |                 |
| 18                                                            | Luke Griffiths     | 22       |                 |
| 19                                                            | Iestyn Merriman    | 23       |                 |
| Officials                                                     |                    |          |                 |
| Coaches: Stuart Morris, Nathan Holman & Jonathan Phillips     |                    |          |                 |
| Team Manager & Secretary: Paul Hearne    Physio: Niamh Thomas |                    |          |                 |

## Match Day Sponsor

No Sponsor

Contact Barfcinfo@gmail.com if you would like to sponsor any of our remaining games.

## Ball Sponsor

Rhys Jones

Rhys is a director and club treasurer of Bridgend Athletic RFC

Thank you for sponsoring Rhys

**Official**

Mr Nathan James

| Away Team Match Day Squad |                       |          |                 |
|---------------------------|-----------------------|----------|-----------------|
| Backs                     |                       | Forwards |                 |
| 15                        | Zac McKenzie          | 8        | Rhod Morgan (C) |
| 14                        | Sam Hellard           | 7        | Tomos Jenkins   |
| 13                        | Gruff Pendleton Jones | 6        | Ollie Keyse     |
| 12                        | Rob Sweetman          | 5        | Tom Calverley   |
| 11                        | Harry Hassell         | 4        | Lewys Helyar    |
| 10                        | Iwan Dawes            | 3        | Jack Rankin     |
| 9                         | Braden Evors          | 2        | Noah Evans      |
|                           |                       | 1        | Mac James       |
| Substitutes               |                       |          |                 |
| 16                        | Perry Hawkes          | 20       | Will smith      |
| 17                        | Sam Evans             | 21       | T Venn (TR)     |
| 18                        | C Warey               | 22       | G Giles (TR)    |
| 19                        | Ryan Richards         | 23       |                 |
| Officials                 |                       |          |                 |

# Our Captains

Lee Murphy (C)



Bridgend  
Van Centre

## Club & 1<sup>st</sup> XV Captain

**Position:** Hooker

**Age:** 34

**Club History:** Started Mini & Junior rugby with Bridgend Athletic at Under-6, progressing through the club's full youth and senior pathway. Later played for Maesteg RFC and Bridgend RFC before returning home to Bridgend Athletic for the 2025/2026 season.

**School:** Brynteg Comprehensive

**Work:** Facilities manager for CBRE

Cameron Hicks



## Generals XV Captain

**Position:** Centre

**Age:** 24

**Club History:** Played Mini and Junior rugby for Nanttyffyllon RFC before joining Bridgend Athletic at Under-16, progressing through Youth rugby and now into the Senior squad.

**School:** Brynteg Comprehensive

**Work:** Pipe Fitter at Hurleys

Rhys Punter



## Youth XV Captain

**Position:** Back 5

**Age:** 17

**Club History:** Played Mini and Junior rugby for Bridgend Athletic from Under-7s, currently playing Youth rugby and integrating into Senior squad training.

**School:** Archbishop

**Work:** Haywain Brackla

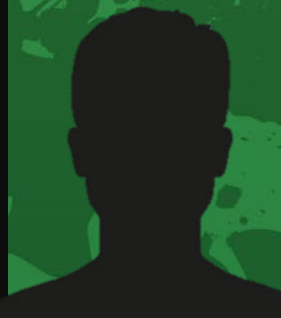
# Senior Squad

Lee Murphy (C)



Bridgend  
Van Centre

Harvey Tooze



Kalafi Molitika



Available to Sponsor – use our  
QR Code

Gabriel Brown



Harry Griffiths



Iestyn Merriman



Hakeem Mumine



A.J.T BUILDERS Ltd  
General Builders



Mike Gillette



Available to Sponsor – use our  
QR Code

Keegan Thomas



Cameron Hicks



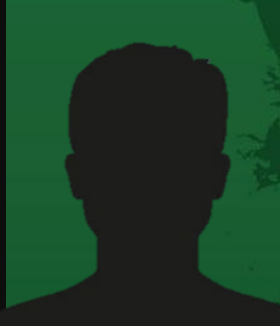
Wayne Fooks



Geraint Lang



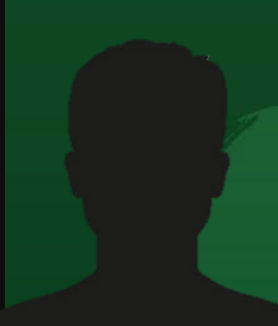
Luke Griffiths



Charlie Ashpole



Evan Yardley



Andrew Waite



JJ Construct Consult  
LTD

# Senior Squad

**Mathew Greenman**



**DYFFRYN**  
LANDSCAPING  
SPECIALIST GARDEN & LANDSCAPING SERVICES

**Josh Llewellyn**



 **JEWSON**

**Rhys Williams**



  
Concise Mortgages

**Dan Howells**



  
**WARD JONES (BRIDGEND) LTD**  
**SELF STORAGE**

**Ben Mahoney**



 **Sphere**  
Solutions  
The Construction Recruitment Experts

**Owen Thomas**



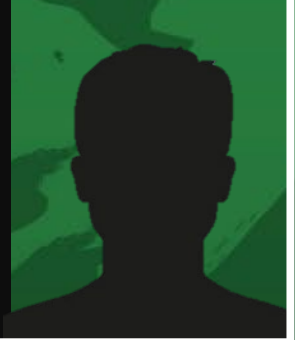
  
HOMELY DECORATORS

**Will Price**



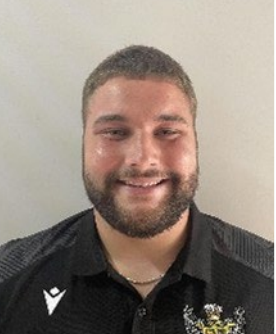
Available to Sponsor – use our  
QR Code

**Archie Brent**



 **Phillips**  
Engineering

**Ben Owen**



  
**PITCH**  
ROOFER  
.CO.UK

**Brandyn Fooks**



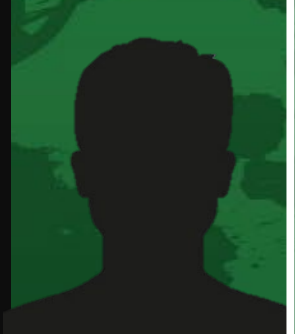
Available to Sponsor – use our  
QR Code

**Callum Gregory**



 **SDL AVIATION**

**Ceri White**



Available to Sponsor – use our  
QR Code

**Dan O'Sullivan**



Available to Sponsor – use our  
QR Code

**Daniel Osarigie**



**Kitchens by Sean**  
**Williams**

**Ethan Bevan**



Available to Sponsor – use our  
QR Code

**Evan Dadamo**



  
**LMBF LTD**  
LUXURY KITCHENS & BATHS

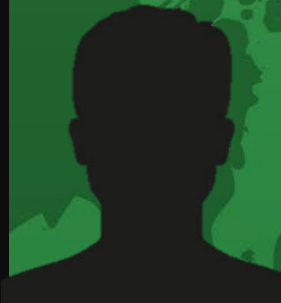
# Senior Squad

**George Tellem**

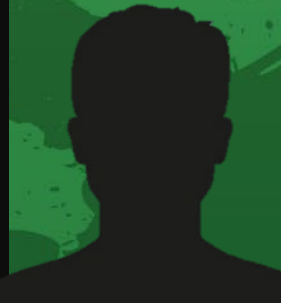


Available to Sponsor – use our QR Code

**Grant Richards**

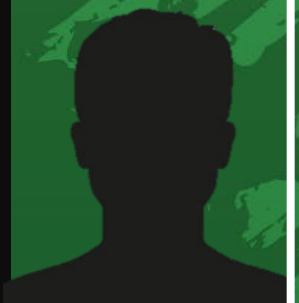


**Romeo Berezai**



Available to Sponsor – use our QR Code

**Joe Symons**



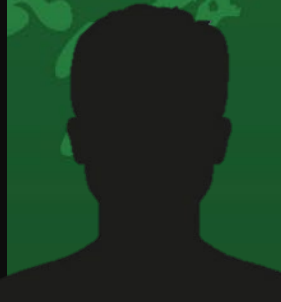
**KoraHR**

**Jacob Perkins**

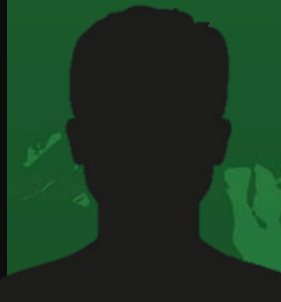


Available to Sponsor – use our QR Code

**Joe Patterson**



**Joe Reape**



Available to Sponsor – use our QR Code

**Johnny Sutcliffe**



Available to Sponsor – use our QR Code

**Lewis Jones**



Available to Sponsor – use our QR Code

**Mckenzie Gray**

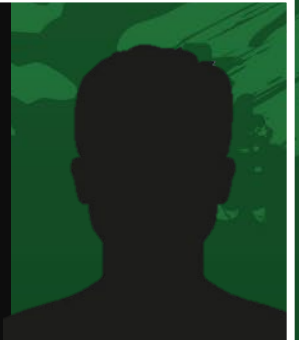


**Nathan Cox**



Available to Sponsor – use our QR Code

**Oli Rayner**



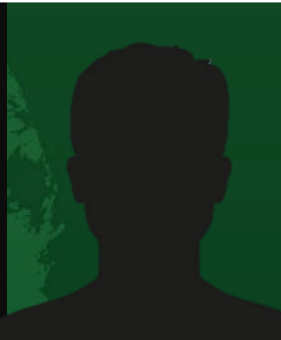
Available to Sponsor – use our QR Code

**Rhys Hyde**

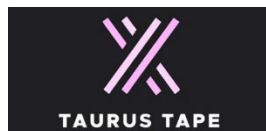
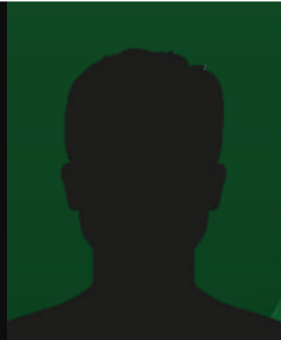


Available to Sponsor – use our QR Code

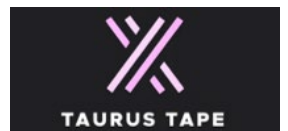
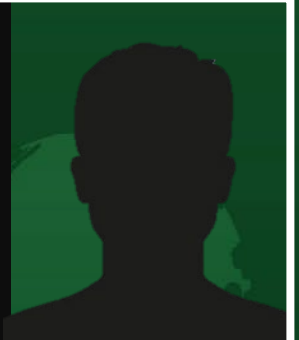
**Stu Floyd Ellis**



**Mark Davey**



**Rhodri Apsee**



# Senior Squad Coaches & Management

## 1<sup>st</sup> XV

Stuart Morris



Available to Sponsor – use our QR Code

**Head Coach**

Jonathan Phillips



**Backs Coach**

Nathan Holman



Available to Sponsor – use our QR Code

**Forwards Coach**

Niamh Thomas



Peter Wood Butchers



**Physio**

## Generals XV

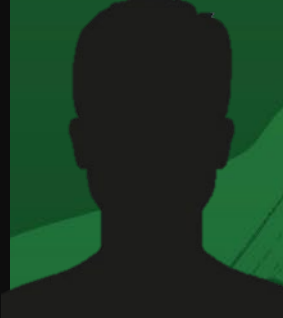
Liam Griffiths



Available to Sponsor – use our QR Code

**Team Manager**

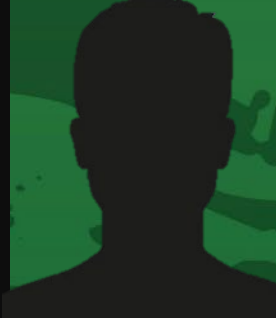
Rhys Jones



Available to Sponsor – use our QR Code

**Assistant Coach**

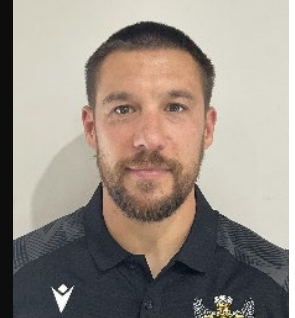
Nick Jones



Available to Sponsor – use our QR Code

**Backs Coach**

Kier Ennis



**Forwards Coach**

Aled Thomas



Available to Sponsor – use our QR Code

**Backs Coach**

Tom Morgan



Available to Sponsor – use our QR Code

**Forwards Coach**

To sponsor a player, please visit our payment link through our QR code or speak to a player.



Scan to pay

# Youth Squad

Rhys Punter



Theo Tooze



Jack Hemming



Harry Mallinson



Luis Towell



Ethan Davies



Chaitu Gangineni



Charley Richards



Harry Hier



Jack Barrass



Dylan Hopkin



George Eyre



Mason Brown



Grayson Whelan



Dylan Motley



Reuben O'Brian



# Youth Squad

Stan McEvoy



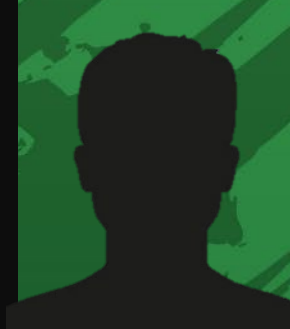
Dylan Jones



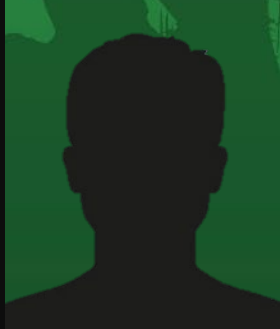
Monty Quinn



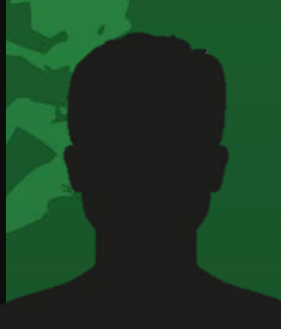
Liam Hopkins



Jackson Mutlow



Coby Jervis



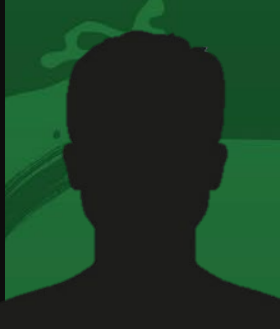
Ollie Wilson



Bem Reed



Lewis Ward



**Nathaniel**  
CARS

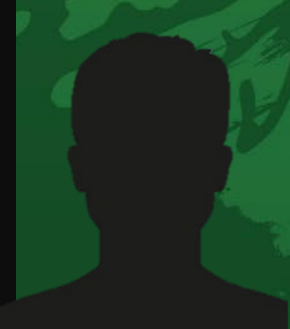
Max Hearing



Lewis Willimas



Tomas Carter



Logan Jack

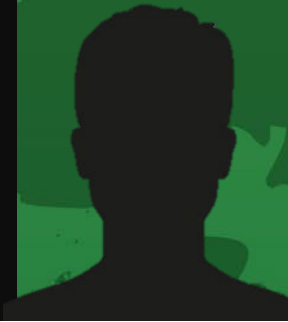


Oliver Williams



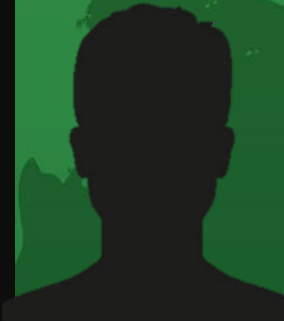
# Youth Management & Coaches

**Dean Brown**



**Team Manager**

**Laura Hemming**



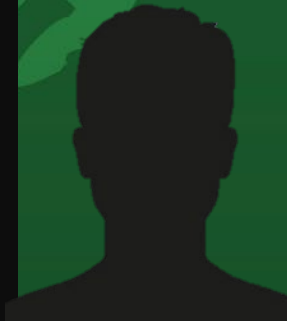
**Secretary**

**Chris Davies**



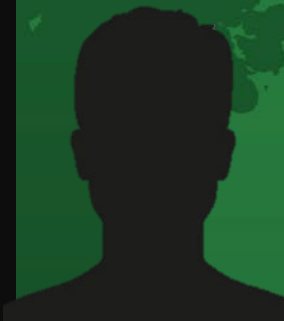
**Coach**

**Rob Wilson**



**Coach**

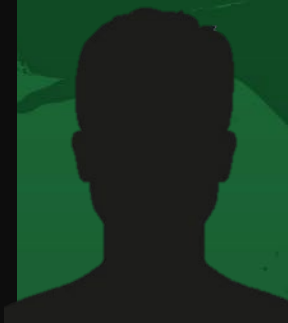
**Kyle Hemming**



**Coach**

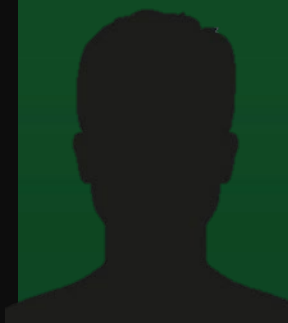
## Mini & Junior Committee

**Matthew Tellem**



**Chairperson**

**Paul Miles**



**Treasurer**

**James Coupland**



**Safeguarding  
Officer**

**Paul Harwood**



**Vice Chairperson**

**Visit our website link for individual age grade contacts**

**<https://bridgendathletic.rfc.wales/minis-and-juniors/>**

*Fresh High Quality Meats  
Expertly Prepared  
Friendly Service & Expert Advice*



*Peter Wood  
Butchers  
Unit 18  
The Rhiw  
Shopping Centre  
Bridgend  
CF31 3BL*



**MEN'S MENTAL  
WELLBEING**



Welcome to Lads & Dads, a men's mental wellbeing support group revolved around talking, walking, thinking and supporting.

# FRIENDS OF BRIDGEND ATHLETIC RFC NOW IN IT'S 35TH YEAR

Please support rugby at all ages at the "ATH" by joining  
The Friends of Bridgend Athletic RFC - 100 Plus Club

Subscriptions are only £2 per month for  
which you win monthly prizes  
and promote rugby development

To join, either complete a  
standing order (behind the bar)

or contact

**Stuart Morris or Lee Grabham**

on 07919 335 169

*Under 7's to Seniors*



## THE TOTAL CIVIL ENGINEERING SERVICE **R & M Dyke (Civil Engineering) Ltd.**

Established Since 1976

***WE PLACE GREAT IMPORTANCE ON GOOD SERVICE AND  
HIGH STANDARDS OF WORKMANSHIP***

Contractors for all aspects of Civil Engineering including:

- Groundworks • Roads • Drainage • Foundations • Earth Moving



***Industrial & Commercial Engineers***

***Local Authority Approved***

***Hyder Water Approved***

**01656 654 500**

**Mobiles 07971 553098 / 07971 552960**

**Penrice Cottage, Rice Street, Bridgend**



# STEVE RICHMOND CARPETS

Carpets, Vinyl, Laminated Wood, LVT,  
Dry Carpet Cleaning and Upholstery Cleaning

## The One Stop Flooring Shop!

### We Offer:

- Carpets
- Vinyl Flooring
- Laminated Wood
- LVT
- Contract Work
- Dry Carpet Cleaning & Upholstery Cleaning

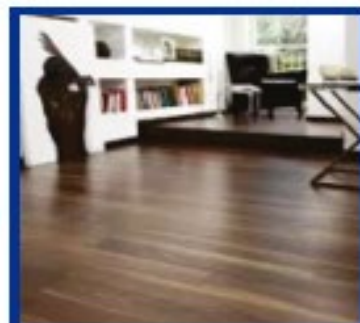
### STEVE RICHMOND CARPETS

17 Heol Trelales, Laleston,  
Bridgend CF32 0HW

**T:** 01656 648043

**E:** [steve@steverichmond.co.uk](mailto:steve@steverichmond.co.uk)

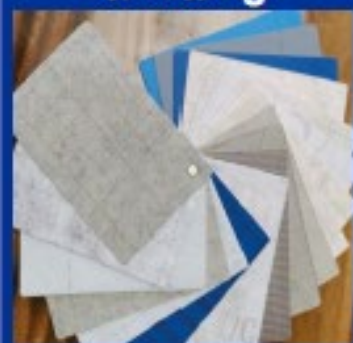
**W:** [www.steverichmond.co.uk](http://www.steverichmond.co.uk)



**Home  
Selection**



**Expert Planning  
& Fitting**



**Free No  
Obligation Quote**



**Over 30yrs  
Experience**



**Carpet  
Cleaning**





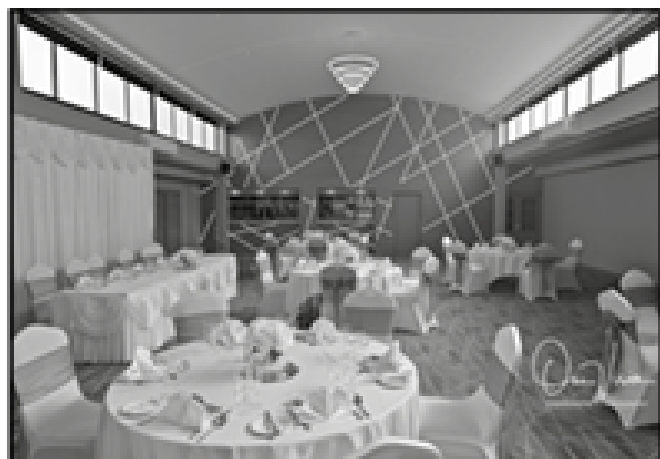
# Function Room Hire

Based at 12 Eweny road bridged, our modern room, complete with bar & kitchen facilities, brand new 4k overhead projector, screen and sound system, holds up to 80 people and is ideal for:

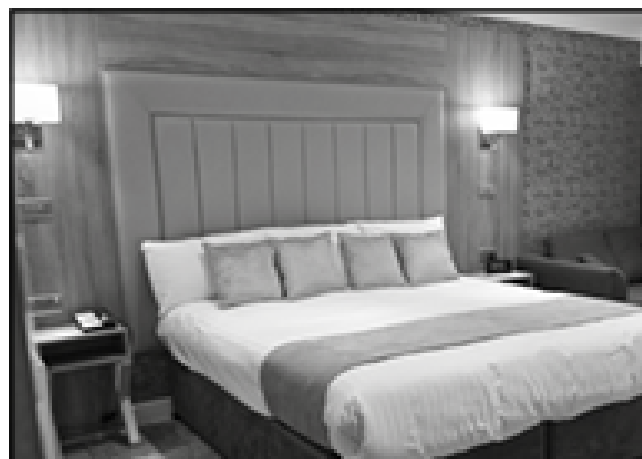
Business Conferences | Training Seminars |  
Social Events | Christenings | Funerals | Parties  
We offer various catering packages to support  
all types of events.

For more information, please contact Yvonne Blackburn on +44 7875 437711 or contact us via [barfcinfo@gmail.com](mailto:barfcinfo@gmail.com) or on social media





- Cater from 10 to 240 guests
- Air conditioned Suites
- Private bars in  
Ibis Court  
& Kingfisher Suites



- Work within guests budgets,  
from lavish affairs to more  
intimate gatherings
- Each function or wedding  
is tailored to suit individual  
requirements



Ewenny Road, Bridgend, CF35 5AW TEL: 01656 668811 [www.bw-heronstonhotel.co.uk](http://www.bw-heronstonhotel.co.uk)



## **BRIDGEND MALE CHOIR WISHES THE ATH SUCCESS FOR SEASON 2025/2026**

We rehearse every Thursday **2026/2027** evening 7.30pm at  
Oldcastle Primary School, South Street, Bridgend.

Why not give us a try

Contact Choir Secretary 07773 170373

[www.bridgendmalechoir.co.uk](http://www.bridgendmalechoir.co.uk)

[contact@bridgendmalechoir.co.uk](mailto:contact@bridgendmalechoir.co.uk)

# BRIDGEND ATHLETIC

## JOIN OUR CLUB TODAY!

Bridgend Athletic RFC is proud to have regained WRU Championship status - a huge achievement made possible by our dedicated players, coaches, volunteers, and supporters.

### Become a member today...

We're inviting you to join or renew your Bridgend Athletic RFC Membership.

Your membership will:

- 📖 Directly support the running and development of the club
- 🏉 Help both senior and junior teams compete at the next level
- 🤝 Reconnect you with old teammates and the club community
- 🎉 Give you access to match day hospitality, exclusive events, and club news

We look forward to welcoming you back - at a match, an event, or for a catch-up at the bar.

Scan the QR Code or go to



Link - [Club Memberships – Bridgend Athletic RFC](#)



# Bridgend Athletic RFC Ltd - Membership Application

## Form 2026/2027 Season



### Type of Membership

| Type                         | Amount |      |      | Payment Link                                                                                                  |
|------------------------------|--------|------|------|---------------------------------------------------------------------------------------------------------------|
| Gold Membership              | £250   | Cash | DD   | <a href="https://buy.stripe.com/cNifZjarga9X3eWewu8gA80r">https://buy.stripe.com/cNifZjarga9X3eWewu8gA80r</a> |
| Silver Membership            | £125   | Cash | DD   | <a href="https://buy.stripe.com/6oU9AVgPE81Pg1lbhWgA80t">https://buy.stripe.com/6oU9AVgPE81Pg1lbhWgA80t</a>   |
| Bronze Membership            | £96    | Cash | DD   | <a href="https://buy.stripe.com/6oU3cx56W95T7vcbhWgA80s">https://buy.stripe.com/6oU3cx56W95T7vcbhWgA80s</a>   |
| Full membership (Couple)     | £96    | Cash | BACS | <a href="https://buy.stripe.com/9B628teHwci52aS3PugA80u">https://buy.stripe.com/9B628teHwci52aS3PugA80u</a>   |
| Full membership (Single)     | £72    | Cash | BACS | <a href="https://buy.stripe.com/28EbJ3czo3LzaHo85KgA80v">https://buy.stripe.com/28EbJ3czo3LzaHo85KgA80v</a>   |
| Senior Player membership     | £24    | Cash | BACS | <a href="https://buy.stripe.com/bJecN7fLAa9X4j0dq4gA80w">https://buy.stripe.com/bJecN7fLAa9X4j0dq4gA80w</a>   |
| Youth Player membership      | £10    | Cash | BACS | <a href="https://buy.stripe.com/aFa8wR1UKfuh8zgdSgA80p">https://buy.stripe.com/aFa8wR1UKfuh8zgdSgA80p</a>     |
| Full OAP membership (Couple) | £48    | Cash | BACS | <a href="https://buy.stripe.com/fZu9AVdDsdm97vcadSgA80x">https://buy.stripe.com/fZu9AVdDsdm97vcadSgA80x</a>   |
| Full OAP membership (Single) | £36    | Cash | BACS | <a href="https://buy.stripe.com/4gMbJ30QGfuh7vc0DigA80y">https://buy.stripe.com/4gMbJ30QGfuh7vc0DigA80y</a>   |

Direct Debit and BACS payments made to: Account No 00975475 - Sort Code 30-91-18

### Member Details

Applying Member or Parent Name

If Parent add children names

Address Line 1:

Address Line 2:

Postcode:

Mobile Phone Number:

Date of Birth

CASC Participation – how do you assist or contribute to BARFC.

☐ I am a coach, committee member, etc

### Gold Membership

- Guaranteed pair of tickets for every home international match to be purchased at face value.
- Free entry for two people to all BARFC home matches
- You and your company name in every home match programme
- You and your company name with link on BARFC website
- Invitation to two match sponsorship buffets during the season

### Silver Membership

- Guaranteed single ticket for every home international match to be purchased at face value.
- Free single entry to all BARFC home matches
- Your name in every home match programme
- Invitation to a match sponsorship buffets during the season.

### Bronze Membership

- Free single entry to all BARFC home matches

### All Membership Levels

- Access to home and away international ticket allocation draw - Discounted access to club house conference and event facilities - Membership Card

### Data Protection Statement for Bridgend Athletic Rugby Football Club Membership Form

*This statement can be amended and used by The Club on their membership form. It will show members what the club will do with the data that it holds about each member and will allow members to consent to this use.*

In completing and submitting this membership form I understand that Bridgend Athletic Rugby Football Club will use my personal data for the purposes of my involvement in club activities.

That I am consenting to receiving information about The Club, including my BARFC membership details and requirements by; post, email, MMS, online or phone unless stated otherwise by myself.

That my data will not be shared with any third party and the principles of the Data Protection Act 1988 will be adhered to.



# PLAY OUR WEEKLY LOTTERY

Support your favourite cause and win up to



**Ask a member of our team how to join or visit...**  
**[www.unitylottery.co.uk](http://www.unitylottery.co.uk)**

50p from every £1 goes to support our charity

**unity**

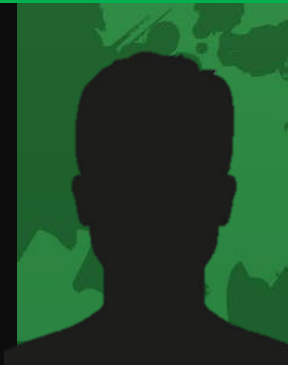
# Club Officers & Committee

**Paul Hearne**



**Club Chairperson**

**James Perry**



**Secretary**

**Rhys Jones**



**Treasurer &  
Director**

**Gareth Davies**



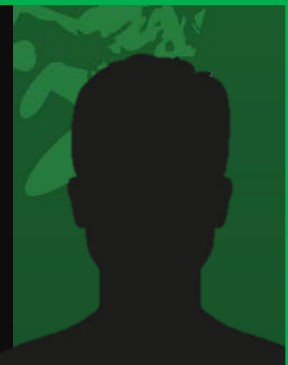
**Director**

**Stuart Morris**



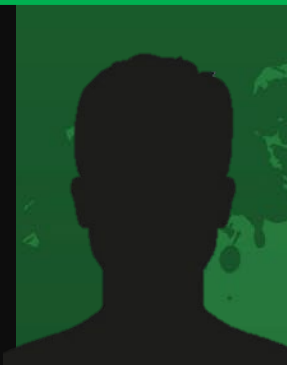
**Director**

**David Perry**



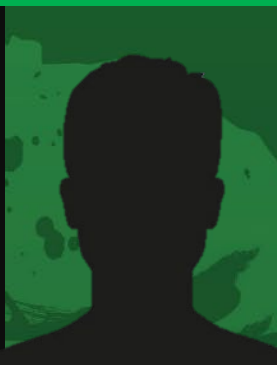
**Director**

**Lewis Downs**



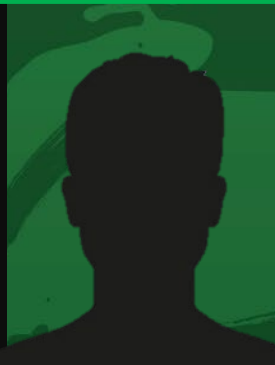
**Director**

**Adrian Burt**



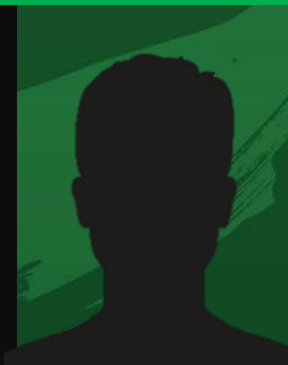
**Committee  
Person**

**Yvonne Blackburn**



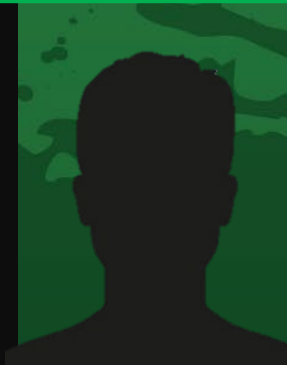
**Volunteer Co-  
ordinator**

**Tracey Balmer**



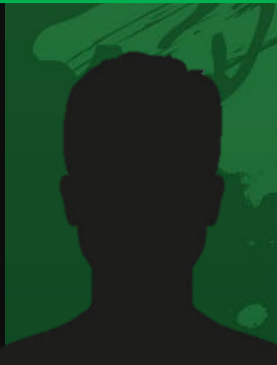
**Committee  
Person**

**Neil Thomas**



**Committee  
Person**

**Russell Lewis**



**Health & Safety**

**Philip Rees**



**Committee  
Person**

**Dai Tidy**



**Committee  
Person**

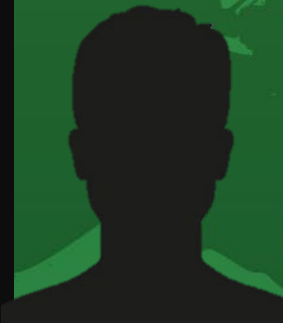
**Sophia Miles**



**Social Media**

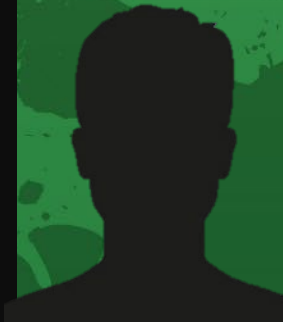
# Youth Management & Coaches

**Dean Brown**



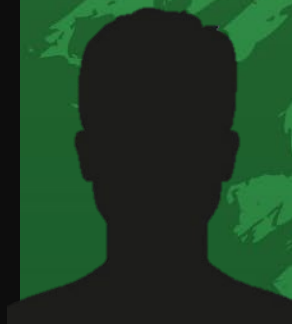
**Team Manager**

**Laura Hemming**



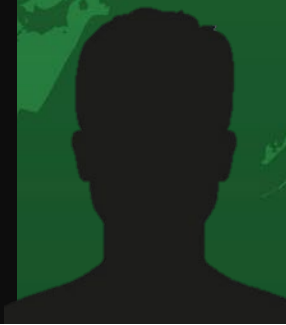
**Secretary**

**Chris Davies**



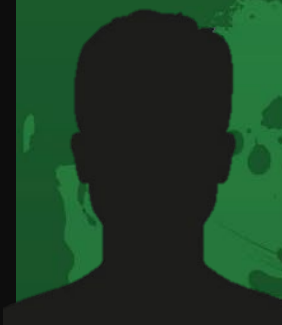
**Coach**

**Rob Wilson**



**Coach**

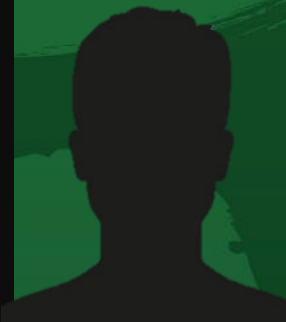
**Kyle Hemming**



**Coach**

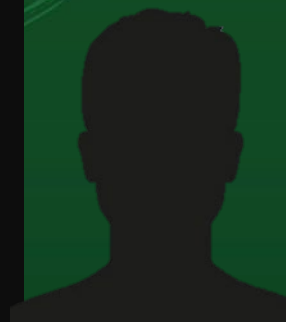
## Mini & Junior Committee

**Matthew Tellem**



**Chairperson**

**Paul Miles**



**Treasurer**

**James Coupland**



**Safeguarding  
Officer**

**Paul Harwood**



**Vice Chairperson**

**Visit our website link for individual age grade contacts**

**<https://bridgendathletic.rfc.wales/minis-and-juniors/>**

# Nathaniel

— CARS —

## Looking for a Used Car?

Choose from 4 showrooms across South Wales,  
find your closest today!

View our  
Locations:



## volt Used EV

By Nathaniel Cars



**FREE** home  
Charger



**Battery Health Check** Certificate



**2 Years Free** Servicing



**Free** Electric Courtesy Car



View our Used  
EV Range:





Clinically Accurate



Instant Results

# U<sup>+</sup>-TEST

RAPID HOME TESTING KITS ...*at home*

- BOWEL HEALTH
- PROSTATE (PSA)
- FEMALE HEALTH  
ONSET MENOPAUSE/FERTILITY
- VITAMIN D
- UTI
- IRON DEFICIENCY

- LIVER & KIDNEY FUNCTION
- THYROID
- VAGINAL PH
- STI
- STOMACH ULCER (H.PYLORI)
- STREP A

**WWW.U-TEST.CO.UK**



# Communications for business. When it matters.

If your business aspirations include flexible, innovative and adaptable communications that will scale up with you and your workforce, then you will need a communications provider that can work in partnership with you.

With a history of over 35 years, Tela partners with the pioneering brands of the communications industry, which means our customers not only benefit from a dynamic product range, they also receive the highest level of customer care and can expect to receive the right solution, on time, which provides value and increases overall productivity.

Discover the possibilities and turn your business ambition into reality. **When it matters.**

Business Mobile Solution ■  
Unified Comms ■  
Hosted Telephony ■  
IT Services ■  
Connectivity ■  
Internet of Things (IoT) ■  
Managed Services ■

**telatechnology.com**  
**01675 622969**

Follow us **in**   



# ***OGWR HAWKS***



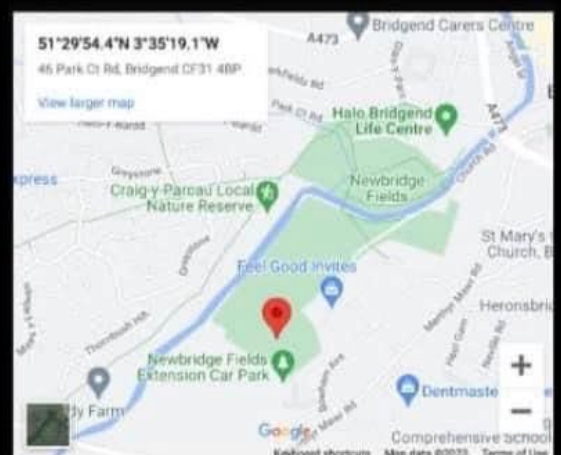
## ***WRU Female Rugby Hub***



***New Training  
Location.  
Bowham Avenue  
Newbridge Fields.***

***Mondays 6-7pm.***

***Hot drinks on sale in the  
pavillion, all proceeds go to  
OGWR Hawks.***



***Book a taster session***  
<https://forms.office.com/r/hqs20Ft0nR>

# J. H. APSEE & SONS

## *Removals & Storage*



**RELIABLE REMOVALS & STORAGE IN SOUTH WALES**

**DOMESTIC & COMMERCIAL REMOVALS**

**HOUSEHOLD & COMMERCIAL STORAGE**

**ARCHIVE STORAGE**

**SPECIALIST PIANO MOVERS**

**ALL PACKING MATERIALS SUPPLIED • FULLY INSURED**

**NATIONAL COVERAGE**

**FOR ALL OF YOUR REMOVALS AND STORAGE NEEDS, CALL US ON:**  
**01656 654032**



**[WWW.APSEEANDSONSREMOVALS.CO.UK](http://WWW.APSEEANDSONSREMOVALS.CO.UK)**

**UNIT 1B PENYBONT INDUSTRIAL ESTATE, COITY ROAD, BRIDGEND CF31 1NW**



# Explore our Range

Cardiff Used, Cardiff New, Bridgend, Cwmbran, Swansea



New

Electric

Used

Scan to  
find your next car



Or visit  
[nathanielcars.co.uk](https://nathanielcars.co.uk)



CHANGAN



MITSUBISHI  
MOTORS

volt  
By Nathaniel Cars